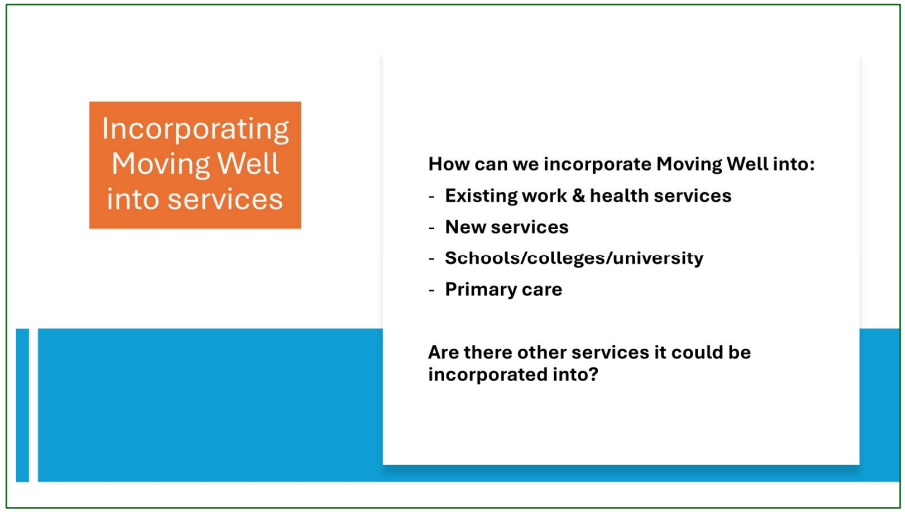
Moving Well, Working Well Workshop Feedback 17th September 2026

From policy into practice, learning into action.

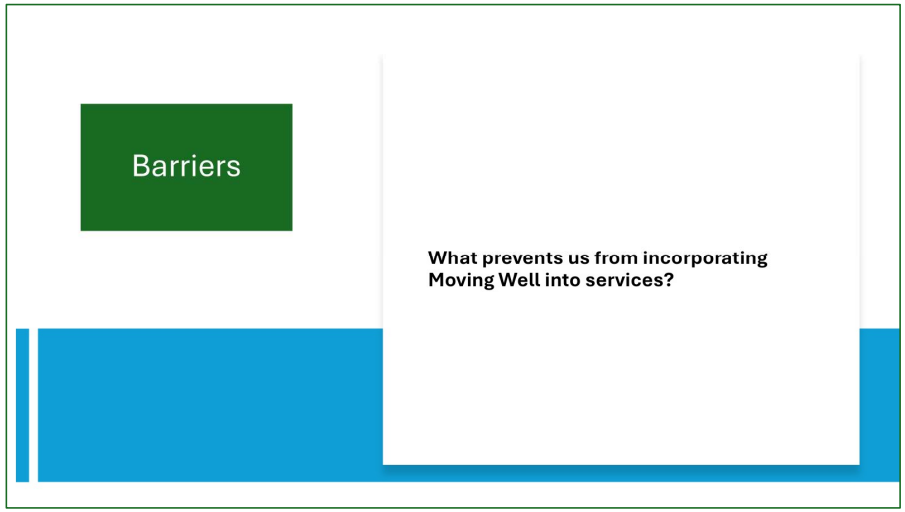
Incorporating Moving Well into Services - feedback

- Parents / Carers
- Schools / Students
- Public Assets
- Voluntary Sector and communities
- Meet people where they are
- Own workforce



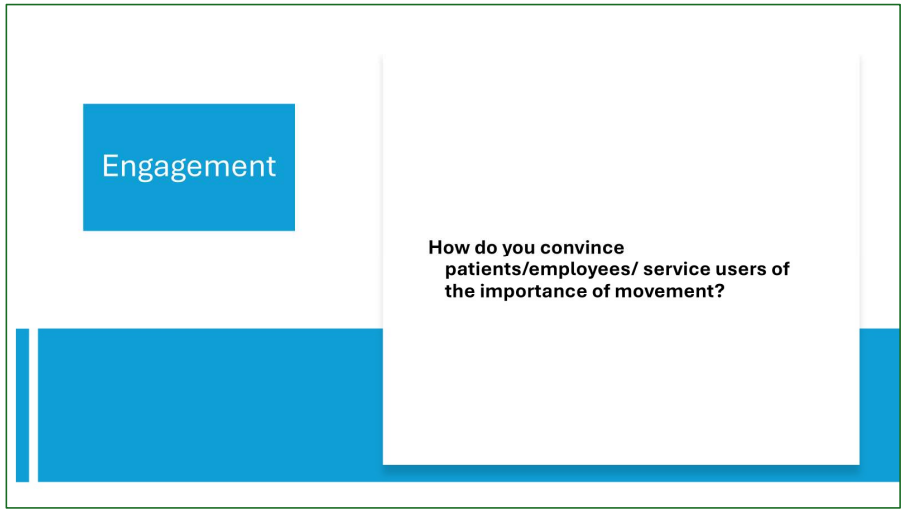
Barrier - Feedback

- Rural Communities / time / place
- Safety i.e. cycling, light, crime
- Motivation / behaviors
- Grant funding / sustainability for local community groups
- Post 16 no or limited offer
- Schools losing break



Engagement - Feedback

- Through Employers peer support
- Share the message, from the top.
- Build into the culture
- Touch points i.e. library, community places, hairdressers
- Achievable goals
- Messaging



Pledge

- To understand the language at business to be able to teach their language
- Have this conversation in the partnership in Bolsover meeting to keep the message going.
- Explore coach care apprentice Programme in Bolsover, linked to Youth Action
- Explore and share the Move Against Cancer toolkit for employers re: Cancer Physical activity & workplaces.
- Staff walk around the cricket field / outside for lunch
- Share with commissioning group
- Clinical leads, more education, keep on the agenda
- Pull together material to share with students and parents
- As a board member long-term messaging to right people.
- ATP Active travel
- Messaging of long term health plan
- Park Run – bring family
- Create a What's App Group
- Asking who has done physical education training
- Challenging senior leaders
- Protected Time

