

Case study:

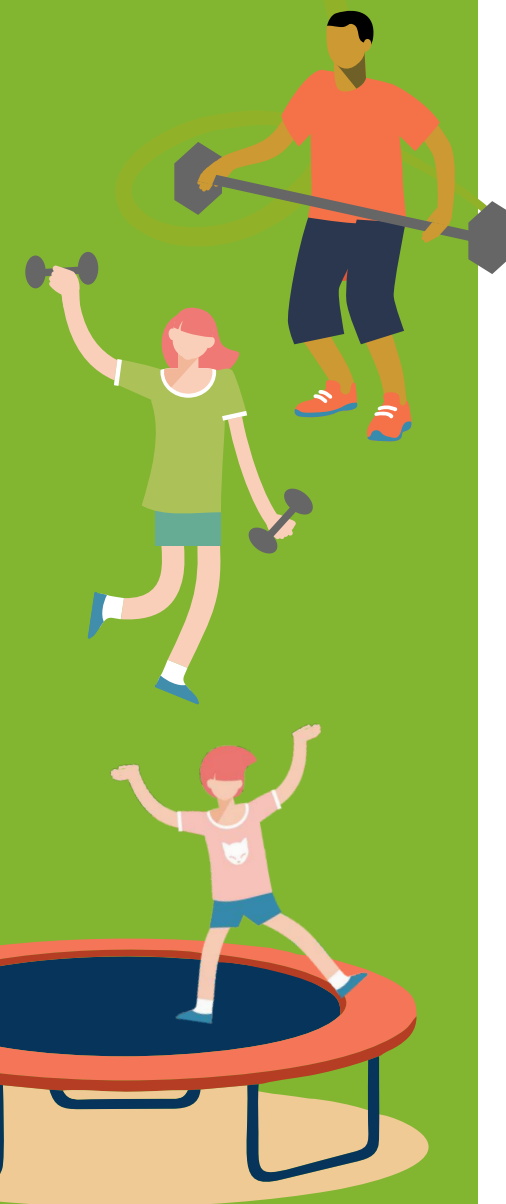
Queen Elizabeth's Academy



- Based in Mansfield, the school is part of Diverse Academies Trust
- 860 young people on roll, aged 11 – 18
- 42% of pupils are entitled to free school meals

The school has received three years of Opening Schools Facilities (OSF) funding, which has been used to create a quality gym provision, offering a safe and welcoming environment for the school's young people and the local community to be active.

It has also been used to introduce new activities, with multi-sport and trampolining sessions requested by students, leading to an increase in participation before, during and after school.



Funding has been used for:

- Purchasing gym equipment
- Staff and student qualifications in gym and fitness
- Equipment for delivering new activities
- Training staff to achieve Level 1 in trampolining

YEAR 2 AT A GLANCE:



Year 1: After spending time consulting with young people and parents, the school put a plan together to develop a suitable gym provision where families can exercise together in a safe and inclusive environment. In the first year, they focussed on getting the equipment and resources ready to deliver sessions in the second year.

Year 2: The new gym is open after school and is being well used by the young people. The school was particularly keen to encourage girls, pupils with special needs and those from ethnically diverse communities to make good use of it.

There are also staff sessions which are being well attended, and staff say that the facility is helping them to fit physical activity into their day.

Providing training for several staff and students to gain Level 2 Gym Instructor and Level 3 Personal Trainer qualifications is supporting the school to make the sessions sustainable as well as providing students with potential future employment in the fitness industry.



“We have successfully provided a gym provision that meets the different needs of our pupils and the local community, along with upskilling students to give them additional qualifications and opportunities to find employment in the fitness industry when leaving school in Year 11.”

– Mark Sisson, Head of PE.

Year 3: After speaking to the young people, Queen Elizabeth’s Academy added two new activities to its offer- multi-sport and trampolining, focused primarily on girls and students with SEND. Student voice not only informed the type of activities that the school started delivering but also when they took place.

By purchasing good quality equipment and upskilling staff, the school are already seeing a wider uptake of students participating in extra-curricular activities. This is helping to not only increase participation levels but develop their confidence and encourage them to be more active outside of school.