

Case study:

Nottingham University Academy of Science and Technology (NUAST)



- **980 young people on roll, aged 11-19**
- **Situated in Nottingham city**
- **39% of young people entitled to free school meals**
- **37% of young people's first language is not English**

Funding from the Opening School Facilities (OSF) programme has been used to develop the school's after-school offer and make the most of its limited outdoor space with a wider range of activities for its young people. The school conducted some youth voice sessions and in response has introduced new after-school sessions such as: dance, boccia and kurling; and a multi-skills club including tennis, volleyball, basketball, football and badminton.

Funding has been used for:

- **New equipment and resources**
- **Sports leader training**
- **Coaching costs**

Benefits:

- **Safe spaces to be physically active, including girls-only sessions**
- **Young people gaining new skills and leaderships qualifications**
- **Increase in young people's confidence**
- **Youth voice has led to changes in curriculum delivery**

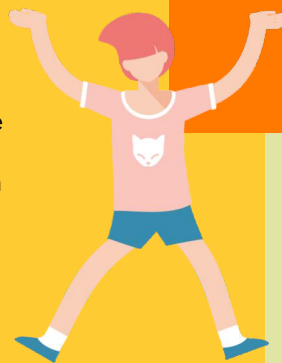
Volleyball

When volleyball was introduced as an OSF funded activity, the school didn't anticipate that it would become so popular, so much so that they have now introduced it to the curriculum. The PE team were encouraged by how many young people were enjoying the activity and how many of those were taking part in an after-school activity for the first time.



Dance

The dance sessions are enjoyed by many year 7 and year 8 girls, supported by year 10 young leaders. The girls are enjoying learning a variety of different dance styles in a girls-only session, which is something they said they would prefer. The sessions are run by an external dance specialist who knows the school and young people. The sessions attract an average of 15 to 20 girls each week. The fund has helped to pay for new resources and the sports leader training, as well as coaching costs.



Boccia and New Age Kurling

These mixed sessions for pupils in years 7 to 11 are allowing for new skills to be developed and have seen an increase in confidence from many of the young people - so much so that they entered a local festival, something that without this opportunity they wouldn't have been able to do. The fund has paid for the equipment to establish this club, with the school contributing to the running costs. Some of the sessions are run by Sports Leaders, allowing them a chance to develop their leadership skills and gain a qualification.

"They (leaders) have been a valuable addition to the PE Department allowing us to offer more opportunities to students at NUAST." PE Lead

"I have enjoyed delivering the Y7 competitions and experiencing the different sports. This has also been my voluntary part of completing the Bronze Duke of Edinburgh award." NUAST Sports Leader