



ACTIVE LIVES CHILDREN AND YOUNG PEOPLE INCENTIVES

2023/2024
RANGE



FROM THE EXECUTIVE DIRECTOR



On behalf of Sport England, I'd like to take this opportunity to thank you for your school's participation in the Active Lives Children and Young People survey.

By contributing to this research, you have increased the understanding of how children and young people engage with sport and physical activity. This will provide Sport England, Government and other partners with a deeper and richer understanding of youngsters'

participation and attitudes, helping shape future policy and investment.

In appreciation of your valued contribution, please select a reward from this catalogue as a thank you from Sport England. We hope that your choice will enhance the active opportunities available to pupils at your school.

Together, we hold a vital role in safeguarding the future of our children's health, as a positive experience of physical activity or sport at a young age can help encourage a lifetime of participation.

Thank you,

A handwritten signature in black ink that reads "Jayne Molyneux". The signature is written in a cursive style and is underlined with a single horizontal stroke.

JAYNE MOLYNEUX

**DIRECTOR
CHILDREN AND YOUNG PEOPLE**

ABOUT

Browse the range of rewards available to you to say thank you for taking part in the Active Lives Children and Young People Survey, helping us collect invaluable data on children and young people's engagement and attitudes to sport and physical activity.

MULTI SKILLS 4-5

PLAY 6-11

SPORT SPECIFIC 12-15

FITNESS 16

WELLBEING 17-19

ORDERING INFORMATION 21



MULTI SKILLS

MULTI SPORT BALL CADDY

Light but sturdy construction and folds for easy storage. Holds 12 sports balls. 470 x 490 x 650mm.



5 CREDITS
X130653

FITNESS DEVELOPMENT TEAM KIT

Designed to assist in the development of ability, balance, coordination and reaction speed. Set includes 2 x foot speed flat ladders (length 2m) and 12 x training hurdles (height 150mm). Supplied with bag.



5 CREDITS
X55302

SPACE HOPPER RACE SET - UP TO 9 YEARS

For children up to 9 years. Includes 6 x 450mm blue mini-hoppers, 25 space markers, an air pump, 2 x blue and 2 x green Mastersport flexi-cone, a 500mm cloth covered balloon ball, 3 x small green vests and 3 x small blue vests.



10 CREDITS
X165612

SPACE HOPPER RACE SET - 9+

For ages 9+. Includes 6 x 550mm blue mini-hoppers, 25 space markers, an air pump, 2 x blue and 2 x green Mastersport flexi-cones, a 500mm cloth covered balloon ball, 3 x medium green vests and 3 x medium blue vests.



10 CREDITS
X165604

GAMES KIT

This kit has something to occupy everyone, be it group games or activities, partner or even individual activity.



10 CREDITS
X162895

SPORTS DAY PACK

An ideal kit for an array of fun activities, which could also include sports days. Contents include a set of relay batons, a set of jump sacks, a set of 3 legged race ties, a set of egg and spoons, 6 skipping ropes, 4 bean bags, a set of space markers, a whistle and a storage bag.



5 CREDITS
X139664

MULTI-USE MARKERS

These multi-use markers can be used for many purposes such as defining play areas, as a frisbee or in water play. Virtually indestructible, flexible, PVC, 200mm semi-hemispherical cones on a carrying handle. 20 each of red, blue, green, yellow and white. Set of 100.



2 CREDITS
04995

JUGGLING SKILLS PACK

An array of equipment that will assist in teaching the art of juggling. Start with the sets of flutter-by scarves and progress to more complex activities after trying out newly learned skills. Easy to follow Juggling Instruction Leaflet included.



10 CREDITS
X163020



PLAY

SENSI-BALL

A specially moulded plastic ball featuring bumps to assist grip and provide sensory stimulation. 1 each of blue, green, red and yellow. 100mm diameter. Pack of 4.



1 CREDIT
231509

RUBBER QUILTS TELEPHONE WIRE THROWING RINGS

Flexible rubber throwing rings in assorted colours. 'Telephone wire' construction makes them look and feel interesting, comfortable to grip and they are suitable as quilts. Sold in a pack of 12.



2 CREDITS
61126

COTTON SINGLE COLOUR BEAN BAGS

Cotton drill, plastic bead filled bean bag. 140 x 100mm. Comes in sets of 12.



1 CREDIT

224596 - BLUE

224618 - GREEN

224588 - RED

224634 - YELLOW

TEN PIN BOWLING KIT

Soft moulded foam bowling set and mat. Age 4 +



5 CREDITS

141267

CLOTH COVERED BALLOON BALLS

Set of 4. These colourful and lightweight balls are ideal to help children develop their initial skills by floating gently through the air, allowing children time to focus and position themselves before they hit the ball. Cloth cover is washable.



1 CREDIT

226548

GIANT CATCH NET

Designed to stand both horizontally and vertically so it can be used for both throwing and kicking games. The catch hoop is 820mm diameter.



5 CREDITS

X127931

CATCHING CUP & BALLS

A simple but classic game comprising of a plastic ice-cream cone shaped catcher with an airflow ball tied to it. Superb for developing hand-eye coordination. Assorted colours. Sold in a set of 6.



1 CREDIT
224677

PRIMARY DISCUS PACK

Soft vinyl discus. Supplied in a bag of 4 (1 each of Blue, Green, Red and Yellow). Dia 160mm. Weight 200g.



2 CREDITS
X139692

BUCKET BLAST

Encourages team work, self confidence, and hand to eye coordination. Running, throwing and balancing activities using bean bags, blindfolds and buckets. Develops children's competence and confidence to move with agility, balance and co-ordination and to communicate, collaborate and compete with others. Includes: buckets with straps, 24 bean bags, 4 boundary cones, 6 blindfolds, storage bag and instruction booklet for 15 indoor and outdoor games. Suitable for up to 35 children.



5 CREDITS
262382

GIANT SNAKES AND LADDERS

For use indoor or out. Made from durable wipe-clean material. Comes with two 150mm sided inflatable dice. Children move themselves up and down the board by the snakes and ladders. Mat size 3000 x 3000mm.



5 CREDITS
X10085

SENSORY FOOTBRIDGE WOODEN BEAMS

Perfect for stimulating and promoting balance and motor skills the sensory footbridge is the ideal addition to any early years setting or sensory room.



10 CREDITS
X149343

SENSORY TOUCH TAGS SUPPORT SEAT

Designed as a supportive seat for one, fringed with 6 different textured tags for fidgety fingers this support seat is ideal for use throughout early years, KS1 and 2. Made in 100% waterproof fabric, these practical and durable bean bags are easy to wipe clean and can be used outdoors, too. 540 x 700 x 250mm.



5 CREDITS
X151146

SENSORY BALL KIT

An inspiring collection of tactile equipment in different shapes and sizes selected to encourage basic catching and throwing skills.



10 CREDITS
X163591

GET KNOTTED

Throw the two giant inflatable dice to find out which part of the body to place on which colour flower. Get twisted up with the other players to make the game more difficult for them. Includes a 3m square play mat, pegs to secure it to the lawn and 2 giant inflatable dice. Packed in a compact 300mm square colourful box with carry handle.



5 CREDITS
X135088

FIRST PLAY SENSORY FEET

Set of 12 non-slip feet, each pair has a textured surface to engage the sense of touch/feel and are also suitable for colour recognition whilst developing movement and balance skills.



2 CREDITS
167916

SMALL BALL KIT

Vibrant colours, tactile surfaces and interesting shapes make up this collection of small balls intended for general play. Set contains 50 balls that are supplied in a mesh bag.



5 CREDITS
X162943

PARACHUTE CANOPY

Giant nylon parachute with 16 reinforced grip straps fitted at intervals around the perimeter. Brings excitement to children's group activities and helps to create trust and coordination. Comes in an easy storage drawstring bag.



5 CREDITS
048968

NUMBER CONES SET

Set of 10, 230mm cones with clear numbers for easy visibility. Colours may vary.



1 CREDIT
154512

GONGE RIVER STONES

Builds children's confidence when jumping, judging distances, coordinating and balancing. Includes suggestions for Games. Large stones 85mm (high) and small stones 45mm (high). Pack of 6



5 CREDITS
141372

SENSORY PLAYGROUND KIT

Get everyone moving with this fun and interactive sensory playground kit.

Help develop children's gross motor skills with the balancing snake, improve co-ordination with the fuzzee balls and bounce 'n' catch discs and encourage team work and communication skills with the sunflower parachute!

Kit contains 1 x sunflower parachute, 2 x bounce 'n' catch discs, 1 x balancing snake and 6 x fuzzee balls.



10 CREDITS
X161303

AVITSOFT BEAM

Practice balancing skills on this lightweight foam beam covered with soft vinyl, giving a firm but comfortable surface for younger children. 2500 x 80 x 150mm (l x h x w).



10 CREDITS
X120613

HAND AND FOOT MARKS

Six pairs of hands and six pairs of feet in six bright colours with textured surfaces that provide sensory input. The marks are made from non slip plastic. Dimensions: Hands - 145 x 145mm, Feet - 200 x 100mm. Supplied in a set of 24.



2 CREDITS
257052



SPORT SPECIFIC

MINI TENNIS GREEN TENNIS BALLS

A slightly softer and lighter ball that will help players develop their technique. Perfect for beginners. Box of 60 balls.



5 CREDITS
X161838

HANDBALL DEVELOPMENT KIT

Contains all the equipment suitable for the introduction of the game of handball: 6 England handball 'launch' foam handballs; 12 nylon medium bibs (6 each of 2 different colours); pair of pop up goals; set of 25 space markers on a stand; and holdall.



10 CREDITS
X130637

BASKETBALL BASICS SET

Set includes: 10 x Master Play® Basketballs (size 7), 1 x set of 7 medium red bibs, 1 x set of 7 medium blue bibs, 1 x Mitre® hand pump, 1 x set of 25 spacemarkers, 1 x playsport drawstring bag and 1 x ESPO storage sack.



10 CREDITS
X140624

JUNIOR POP LACROSSE SET

The ideal set to introduce young children to the game of lacrosse. The sticks have a shorter shaft of 690mm which makes it easier to control. Set contains: 12 x sticks (6 of each of blue and red), 6 x vinyl pop lacrosse balls and 1 x holdall



10 CREDITS
X119762

SCHOOL PLASTIC HOCKEY SET

A longer, stiffer hockey stick for use by children aged 8-13 years. 750mm shaft length. Contains: 12 Sticks (6 green and 6 yellow), 2 x 89mm Airflow Balls and 2 Pucks.



10 CREDITS
111918

MESH FOOTBALL SACK

Made from nylon with mesh panels, this mesh football sack comfortably holds 10 footballs. Features a drawstring closure and a padded shoulder strap. Size 900 x 490mm. A must have for all schools.



1 CREDIT
05690

GOALBALL EQUIPMENT KIT

Goalball is a fast paced team sport that can be played by all young people. Playing the game will develop communication and teamwork skills and give them a real appreciation of those who are visually impaired. Contains: 2 x foamed 200mm goalballs (with 3 bells inside), 12 x blindfolds and 1 x bag.



5 CREDITS
X119252

SAMBA TARGET NET

The Samba target net fits most 12' x 6' uPVC or aluminium goals. The net features numbered targets ideal for strikers to practise shooting drills during training sessions. Includes hook and loop fastening straps to attach the net to the goal frame.



5 CREDITS
268895

SOFT FOAM BOCCIA

An ideal starter set, containing 6 blue and 6 red foam balls, a yellow foam ball (for the jack), an Activate® spot and a drawstring bag. Dia. 90mm, ball weight: 75g.



2 CREDITS
275980

MINI TENNIS POSTS WITH NET

Freestanding practice mini tennis posts 6m long x 0.876m high. Manufactured from 25mm sq. steel and polyester powder coated white. Four section centre brace to achieve good net tension. Supplied complete with mini tennis net.



10 CREDITS
X131285

INDOOR TABLE TENNIS SET

Perfect for training sessions. Set includes: 24 x Central, CS-66 table tennis bats, 2 x tubs of 72 central practice table tennis balls, 1 x handy carry bag.



5 CREDITS
X149003

VISUAL MOVEMENT KIT

A range of equipment to create visual spectacles and expressive movement. Perfect for schools.



10 CREDITS
X162992

PLASTIC CRICKET SET

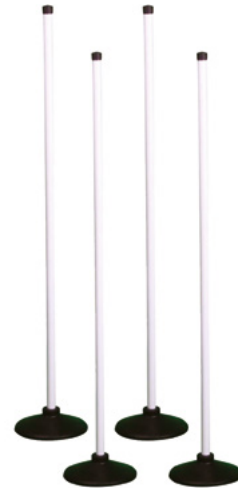
Carry bag containing 2 moulded plastic bats, 2 soft balls and 2 plastic wicket sets. Perfect for indoor cricket.



2 CREDITS
247413

ROUNDERS POSTS

Two sets of four posts. Supplied with rubber bases, posts 1.2m high.



5 CREDITS
265020

DANCE & MOVEMENT KIT

An assortment of equipment that will help a young person experiment with artistic interpretation of dance and movement. Perfect for schools.



10 CREDITS
X163004

TEAMBUILDER ROUNDERS SET

All inclusive Rounders England Approved set. Includes 4 x Image bats, 1 x Autocrat match ball, 1 x bullet practice ball, 4 x posts with safety caps and bases, 1 x rounders England official rules booklet, 1 x rounders bag,



10 CREDITS
X104049



FITNESS

NEOPRENE DUMBBELLS

Set contains:
 1 x pair 1kg weights
 1 x pair 2kg weights
 1 x pair 3kg weights
 1 x pair 4kg weights



5 CREDITS
X167374

MEDICINE BALLS

Easy to handle and perfect for indoor and outdoor training. Set includes one of each: 2kg, 3kg, 4kg and 5kg.



10 CREDITS
X167463

COLOURED SKIPPING ROPES

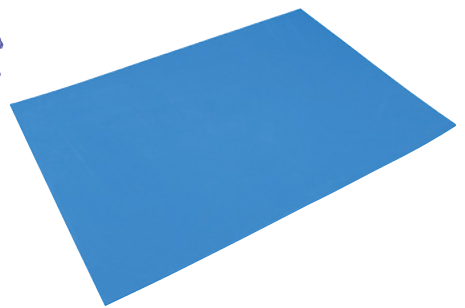
Set of 12 2m long skipping ropes, 8mm diameter with sealed ends. Ideal for team games.



1 CREDIT
264164

EVA CLASSICS AEROBICS MAT

A high quality mat offering a softer feel and greater comfort. Hard-wearing and durable. Measures 980 x 720 x 10mm. Perfect for aerobics.



1 CREDIT
265047



WELLBEING

GOOD HEALTH POSTER PACK

An informative set of high quality paper posters with informative text and diagrams outlining the benefits of exercise, rest and a balanced diet for good health.

The poster pack includes the following posters:

- WHY EXERCISE?**: Explains that regular physical activity is very important for all people who want to lead a healthy and fulfilling life. It lists reasons such as increasing energy, strength, and muscle tone; helping with sleep; burning off unwanted calories; improving circulation; keeping joints supple; improving endurance; relieving stress; providing good posture; and increasing the ability to concentrate and learn.
- EXERCISE MORE!**: Encourages daily exercise for 30 minutes a day. It lists popular exercises like Rugby, Basketball, Running, Football, Cycling, and Swimming, and simple exercises like Pushing the Trolley, Climbing the Stairs, Working the Car, Dancing, and Shopping.
- NUTRITION**: A guideline for a healthy diet is shown below. It features a colorful diagram of a balanced diet with sections for Fruit and Veg, Protein, Carbohydrates, and Dairy. It also includes a section on understanding nutrition, explaining that all food is made up of carbohydrates, proteins, and fats, and provides examples of each.
- REST, RELAXATION & RECREATION**: Explains that throughout life, people are constantly being told to work hard. It lists ways to relax and unwind, such as sleeping, watching TV, listening to music, reading, and spending time with friends. It also includes a section on recreation, listing activities like playing board games, using the computer, playing sports, reading, and painting.
- UNDERSTANDING NUTRITION**: Explains that all the foods we eat are made up of carbohydrates, proteins, and fats. It provides examples of each and explains how they are used by the body for energy and growth.

2 CREDITS
115193

DOUBLE LIQUID TIMERS

These colourful liquid timers are great for enhancing the level of concentration, attention and focus of children. They are also useful for helping children to understand the concept of time and colours. They can also help reduce stress and anxiety among children. It makes children sit and observe the flow of colours thus improves and builds observational skills. It encourages children to sit and observe the flow of colours thus improves and builds observational skills.



1 CREDIT
273074

EMOTION-OES BOARD GAME

A fun dominoes matching game based on emotions that will help children recognise and identify emotions - the perfect classroom activity for early learners or special education classrooms.



1 CREDIT
235512

ORGANIC VEGGIE CLASSROOM PACK

Grow your own organic veggies with this exciting classroom kit! Each complete kit includes: 2 compressed peat discs, tomato seeds, 50mg, sweet peppers, 5mg, green beans, 7g, 18 biodegradable coconut coir pots, 18 germination disks, teacher guide and student guide. Kit contains enough material for 18 students.



2 CREDITS
251577

EMOTIONS KIT

Through activities, poems and games, children will develop an understanding of their emotions and the impact they have on themselves and others. Kit includes: Feeling Snappy Card Game, Feeling Funny Flip Book, Block Heads Cards, Poems with Feelings and Bag of Buddies.



5 CREDITS
X161259

SOCIAL SKILLS BOARD GAMES

Set of 6. This board game set models good social skills and behaviour, including morals, manners, empathy, friendship, showing emotions and managing emotions. Support and consolidate the development of social and emotional skills, as well as strong friendships in your classroom.



2 CREDITS
165646

BLINDFOLDS

Set of 6. Brightly-coloured, double-layered blindfolds for a complete blackout to help children focus and concentrate. Colours may vary.



1 CREDIT
246964

YOGA PRETZELS

Provides a fun way to teach all the yoga basics. Contains 50 activities for children and adults. Perfect for primary schools.



1 CREDIT
265136

REACTION BALLS

100mm diameter, pack of 4. Reaction Balls are intended to help develop concentration and quick reactions. These six-sided moulded rubber balls are designed to be thrown or dropped onto a hard surface to produce an unpredictable bounce!



1 CREDIT
263516



HOW TO ORDER

- 1** Select your rewards up to the value of your allowance – your reward value was included in your covering letter
- 2** Complete the order form
- 3** Email to sportengland@espo.org

DELIVERIES

Orders coming direct from our warehouse (codes in black) will arrive within 5 working days, orders coming from our suppliers (codes in blue) will arrive within 15 working days.

CONTACT US

For enquiries please contact:

Phone: 0116 265 7901

Email: sportengland@espo.org

RETURNS ADVICE

Only goods which are damaged or faulty are able to be returned, please contact the number above within 48 hours of receiving your goods.

Terms and conditions apply, see espo.org/sportengland for more information.

