

‘GROWING GOLDEN OPPORTUNITIES’ for Children and Young People in the Derbyshire Dales

Information sheet

Background:

Thankyou for taking the time to read this information sheet which provides the background on the progress of this workstream so far.

In 2021 Derbyshire Public Health invested £100,000 into each district in Derbyshire to support the emotional wellbeing of children and young people, with an emphasis on taking a community asset-based approach. Public Health are working with key partners to understand the level of community support, activities and groups that are available in the Derbyshire Dales, which support the positive emotional wellbeing of children and young people.

A steering group drives this work forward and has representation from:

- Derbyshire County Council – Public Health and Children’s Services
- Derbyshire Dales District Council
- Derbyshire Dales CVS
- Active Derbyshire
- Freedom Leisure
- Connex Community Support

The work is guided by the [THRIVE](#) Framework:



The steering group came up with the title '**Growing Golden Opportunities**' to reflect the work and aspiration to make an impact, leave a legacy and offer opportunities to support the emotional wellbeing of children and young people.

The steering group has also developed a vision to describe the aspirations:

Vision: '*To design, develop and implement a collaborative coproduced plan using an asset-based community approach to positively impact upon the emotional wellbeing of children and young people in the Derbyshire Dales*'

An online event was held to gather views from 'experts', those who have direct contact with children and young people from the voluntary and community sector (VCSE) and professionals to help inform the work. As a result, seven themes have been identified:

- **Emotional education:** for parents/carers/people around a child/young person
- **General anxiety/ social isolation:** heightened/more widespread due to lockdowns
- **Youth voice:** planning and decision making, being inclusive
- **Social media:** pressure/peer pressure, positive body images
- **Eating disorders:** support and information
- **Inclusion of vulnerable groups:** home educated, excluded, disadvantaged background
- **Mobility:** transport issued spread-out, scattered provision

We have recently gathered soft intelligence to check that these themes are still accurate, and as a result one additional theme relating to the Covid-19 pandemic has emerged.

- ❖ Delayed speech and language development

A small grants funding round was developed which was open to VCSE groups. 13 awards were made to groups to deliver activities across the Dales.

This workstream is closely aligned with the Children and Young People's Network, which meets quarterly and brings together partners from across all sectors that are working and volunteering with children and young people.

We also provide updates on the progress of this work to a variety of audiences which include:

- Local Children's Partnership (LCP)
- Community Safety Partnership
- Dales Local Integrated Group (DLIG)
- Childrens and Young People's Network

The steering group continues to drive this project forward and has coproduced the accompanying job and person specification to support the positive emotional wellbeing for children and young people in the Derbyshire Dales.

Further reading:

<https://derbyandderbyshireemotionalhealthandwellbeing.uk/professionals/whole-school-approach/children-young-people-mental-health-pathway>

Thrive Framework:

<https://www.annafreud.org/media/9254/thrive-framework-for-system-change-2019.pdf>

<https://www.nelft.nhs.uk/i-thrive/>