



Notts Primary PE, Sport and Physical Activity Conference 2023



Monday 20 November
8.30am -3.30pm
Eastwood Hall, Notts NG16 3SS

**Enabling children and young people
to have positive experiences of being
active throughout their childhood.**

A chance to explore your role in empowering all young people to be active in a way that works for them. Listening to youth voice, creating positive experiences and meaningful PE, and sharing and learning from best practice.



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notts



Notts Primary PE, Sport and Physical Activity Conference 2023

For primary school teachers, primary PE coordinators, headteachers, governors and others working to improve the lives of young people through physical activity and sport in an education setting.

Join Active Notts and the Notts School Games Organiser Network for the Notts Primary PE, Sport and Physical Activity Conference.

The opening keynote session will be delivered by **Dave McPartlin**, Headteacher of Flakefleet Primary School - Britain's Got Talent Golden Buzzer Finalists 2019, Happiest School 2018 and Pearson School of the Year Runner Up 2019. Workshops will be delivered by national and local partners.

Conference information and booking

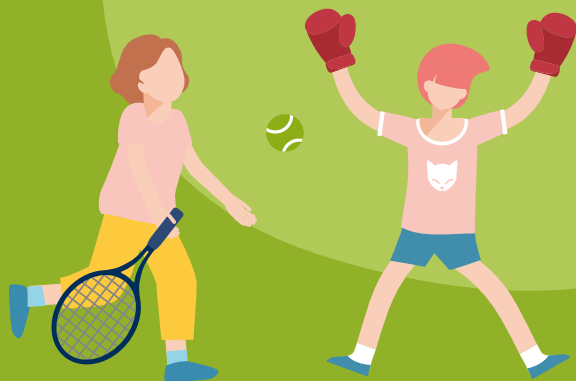
Early bird: £55
(Book before Monday 23 October)
£75 if booked after
Monday 23 October

£110 for delegates from outside Notts

Final booking deadline
Tuesday 7 November

Delegates will hear from our keynote speaker before attending a variety of dedicated workshops, choosing up to three workshops to attend throughout the day, selecting from:

- Youth Engagement
- Creating Meaningful PE
- Teach Active
- Well Schools
- Dance (KS1 or KS2)
- Neurodiversity in Sport and Physical Activity
- Primary PE and Sport Premium
- Physical Literacy



Book your place now

<https://makingourmove.org.uk/event/notts-primary-pe-sport-and-physical-activity-conference>

When booking you will be asked to select your three workshop choices. Workshops will be allocated on a first come first served basis. Schools can use their PE and Sport Premium funding for CPD such as this event.

Throughout the day there will be the opportunity to attend up to three workshops of your choice as well as the chance to hear from our keynote speaker. You will also have time to network with colleagues over lunch.

8.30am – 9am	Arrival/Registration
9am - 9.10am	Introduction
9.10am – 9.55am	Keynote - Dave McPartlin, Headteacher, Flakefleet Primary School
10am - 11.10am	Workshop 1 Delegates select one workshop to attend from a choice of seven
11.10am - 11.25am	Break
11.25am - 12.35pm	Workshop 2 Delegates select one workshop to attend from a choice of eight
12.35pm - 1.30pm	Lunch and networking
1.35pm - 2.45pm	Workshop 3 Delegates select one workshop to attend from a choice of seven
2.50pm - 3.30pm	District SGO sessions
3.30pm	Finish

Please note that the conference timetable is subject to change

Throughout the day there will be the opportunity to attend up to three workshops of your choice

Please note some will run more than once, whilst others will only be available in the morning or afternoon. Please refer to the online booking form.

Keynote

Dave McPartlin, Headteacher of Flakefleet Primary School - Britain's Got Talent Golden Buzzer Finalists 2019, Happiest School 2018 and Pearson School of the Year Runner Up 2019.

Dave and his school don't do things by halves. Whether it's kids flying around their community in a helicopter during the Royal Wedding, an attempt at Christmas No.1 or their Britain's Got Talent Golden Buzzer adventures – they are not afraid to do things differently and have big ambitions for their school. With the children, families and staff at the heart of all decisions, Flakefleet believe that belonging, fun and wellbeing is the answer to the many challenges that schools are currently facing. Schools can play an important role in connecting and supporting their community and creating a culture and environment for children facing inequalities to thrive and have positive experiences.

Youth Engagement

(Claire Tennyson, Youth Sport Trust)

This workshop will outline the importance of youth engagement in increasing the physical activity levels of children and young people.

It will help you understand the Youth Engagement model and look at the wide variety of tools available to create a positive, engaging and worthwhile session for young people.

Creating Meaningful PE (Sarah Williams, Sheffield Hallam University)

This workshop explores recent research within the field in relation to the development of Meaningful Physical Education (PE) and personally relevant learning for children in PE.

Meaningful PE is not a concept or a resource that replace schemes of work in your school, but rather, it is a pedagogical approach that can be developed alongside your current PE curriculum. Through the development of a collaborative and reflective approach to PE (with your children) you can help to inspire experiences that are personally fulfilling.

Research indicates that when children are encouraged to connect with each other and are involved in decision making, it leads to a more meaningful and rewarding experience.

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Teach Active - Using physical activity as a catalyst to raising attitudes and attainment in maths (Jon Smedley)

With wellbeing and maths being two key areas for schools, learn how Active Maths lessons are transforming attitudes and attainment, whilst also creating healthier and happier children. The Teach Active team, led by founder Jon Smedley, work with schools across the UK and internationally and have received numerous awards for their innovative approach to engaging children in learning, raising attainment and making the school day more active.

The workshop will provide teachers with the 'Why' and 'How' to introducing Active Maths alongside the existing curriculum – as well as giving access to the Teach Active resource to try back in the classroom.

Are you a Well School? Supporting and improving health and wellbeing through physical activity and finding ways to ensure enjoyment for all (Katy Rogers, Youth Sport Trust, and Pippa Challinor and Lauren Burns, Tackling Emerging Threats to Children Team, Nottinghamshire County Council)

This workshop will introduce you to the Well Schools movement which helps to improve education outcomes by placing wellbeing at the heart of your school, supporting school staff, senior leaders and young people.

Whole School Physical Activity is a key element under the 'Well Prepared' pillar of Well Schools. Do the children in your school understand the benefits of physical activity on their mental and physical well-being?

This workshop will explore ways of sharing this crucial message, whilst seeking routes to enable ALL children to find enjoyment in physical activity.

Ways to implement movement into different parts of the school day will be provided and why sitting still for long periods of time is often not an option for many young people.

KS1 Dance (Sophie Pyne)

A practical workshop exploring ideas for KS1 students through the theme of cartoon characters and elements of the circus to create a fun Scheme of Work for teachers and students to experience together.

KS2 Dance (Sophie Pyne)

A practical workshop aimed at KS2 students using the theme of Secret Agents and Super Heroes to create an inclusive and enjoyable Scheme of Work exploring key features of the dance curriculum.

An introduction to Neurodiversity in Sport and Physical Activity (Mark Morton, Dave Winter and Stevie Speakman, Portland College)

Members of staff from Portland College will take you through how to include neurodiverse people within your sport and physical activity sessions. Neurodiversity is an umbrella term for Autistic Spectrum Disorder, Autism and ADHD amongst others. Mark Morton, the college's inclusion

manager, will lead a short theory-based session around neurodiversity, and the college's sports tutor Stevie Speakman will lead practical activities with a focus on inclusion.

The team will also offer some great hints and tips throughout the session and the session will finish with a short Q and A where you will be able to ask Dave Winter (curriculum manager health and wellbeing), Mark and Stevie any questions related to neurodiversity, disability sport and inclusion.

Primary PE and Sport Premium (Eileen Marchant - Association for Physical Education)

This workshop will focus on the new Primary PE and Sport Premium guidance, issued by the Department of Education earlier this year.

The updated guidance sets out how schools should use the funding to the best advantage of their pupils, and this workshop will help you to demonstrate your school's effective use of the grant to achieve a sustainable impact. The workshop will also provide opportunity to explore the new reporting template produced by AfPE and Youth Sport Trust.

Physical Literacy (Gethin Thomas, Bangor University)

Sport England's recently published Physical Literacy consensus statement describes Physical Literacy 'as our relationship with movement and physical activity'. It is our experiences that shape our relationship with movement and physical activity.

This workshop will help schools to consider how to ensure positive social, emotional, and physical experiences that develop and nurture learners' confidence and motivation to engage in physical activity.

The philosophies that underpin Physical Literacy provide a framework from which policy, interventions and pedagogical practice can be informed, resulting in positive experiences that enhance learners' relationship with PA. This will support learners to lead healthy and active lifestyles for improved health and wellbeing.

SGO District Networking Session

Time to reflect on what you have heard throughout the day and share key take aways with colleagues. The Notts School Games Organisers will provide district updates and be available to answer any questions you may have.

Book your place now



Click here to book and
for further information



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