

### **Active Partners Trust Systems Leadership Workshops:**

### Introduction to Systems Leadership: how to lead when you're not in charge

### Wednesday 25<sup>th</sup> January 2023, 1.00 pm – 4.00 pm

Debbie Sorkin National Director of Systems Leadership, The Leadership Centre <u>debbie.sorkin@leadershipcentre.org.uk</u>: @DebbieSorkin2



### **Outline for this afternoon**



• **Conversation 1: Context: leading in complexity:** *Chat/conversation* 

• **Conversation 2:** What to expect; traps to avoid: *Break-out groups* 

• Conversation 3: What you can do instead: key systems leadership ideas and behaving in ways that lead to change: *Chat/conversation* 

• **Conversation 4: Tools in your armoury:** *Chat/conversation* 

 $\,\circ\,$  Summing up and next steps: what's coming up, and one thing you're going to do



**Introduction to Systems Leadership** 



### **Conversation 1:**

### **Context: leading in complexity**





Context: even before Covid, we knew what we were facing. But what we are facing now is bringing these issues into even sharper relief – so we need new ways of leading and working

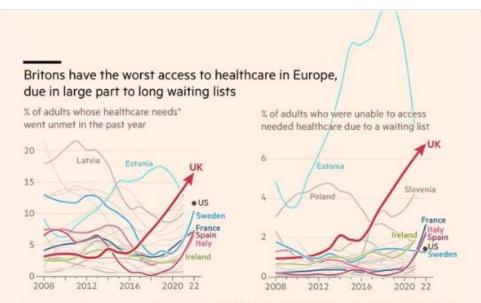
...



Sam Freedman 🤣 @Samfr · 4 Nov

An extraordinary and grim chart from @jburnmurdoch. Our health system is failing. Partly money; partly money being spent in the wrong way; partly connected systems like social care not working; partly deeper inequality/poverty.

#### ft.com/content/de8fc3...



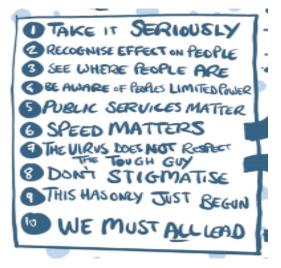
\*At least one occasion when the respondent "really needed medical examination or treatment (excluding dentaD" but was unable to get it Sources; FT analysis of EU statistics on income and living conditions database; YouGov. Trends have been smoothed for ease of reading FT graphic: John Burn-Murdoch / @jburnmurdoch © FT



www.Liveillustration.co.uk

Illustrations © liveillustration.co.uk and Dr David Nabarro







## One way of thinking about this: you, or the people you work with, are working in complexity







#### 'Intolerable' NHS crisis to continue until April, health leaders warn

Ministers urged to recall parliament amid warnings patients are dying needlessly due to inaction



More than a dozen NHS trusts and ambulance services have declared critical incidents in recent days, with an overstretched workforce. Photograph: Christopher Furlong/Getty Images

The crisis engulfing the NHS will continue until Easter, health leaders have warned, as senior doctors accused ministers of letting patients die needlessly through inaction.

The Guardian, 2<sup>nd</sup> January 2023

Complex

#### Simple

#### Complicated

# So if you want to move things in a particular direction, or to influence, the first thing is to know what you're dealing with



Simple X causes Y



X causes Y, but after a number of expert steps



No cause and effect —so you can't pull a lever and expect something to happen. You can't predict with certainty in advance: X might lead to Y, but it might lead to something entirely different, or make no difference at all. You'll only know after the event.

**Chaotic** No cause and effect relationship – act to regain control



**ORDERED** -**COMPLEX COMPLICATED ORDERED** – **CHAOTIC** SIMPLE **Cynefin Framework** Dave Snowden, Cognitive Edge Where people can end up? treating a complex issue as simple or complicated, and ending up with chaos

### And some things follow.... Does any of this remind you of your work?

- You won't be able to guarantee in advance how or whether – things will work
- It might involve new and counter-cultural ways of working, with sub-optimal systems and processes
- **o** The issue might shape-shift
- There'll be lots of different people/organisations and different sectors; different perspectives and priorities; and politics – large and small 'p'









### **CONVERSATION**





Have a think, and then say, or write in the Chat Box:

What's resonating for us in this?

What's complex about what we're dealing with or seeing at the moment?

How does it play out? What happens?

**Introduction to Systems Leadership** 



### Conversation 2: What to expect, traps to avoid





### Firstly, you can get denial. NB This is not a smart move



### Two teenagers placed in foster care after weight loss plan fails

Family court judge says parents failed to help severely overweight children and did not understand worry of West Sussex social services



▲ The family was supplied with fitness trackers from the local authority but failed to pass on the data from the devices. Photograph: Paula Solloway/Alamy

"Everyone agrees that this is a very sad and unusual case, of a loving family...[but] both the children are severely overweight...and the parents have shown an inability to help the children manage this condition" (from the judge's ruling in the family court)

"The local authority had provided Fitbits and paid for gym membership for the family, who had signed up to Weight Watchers...

...but months later...there had been no reduction in the children's weight, and they had not provided recordings from their Fitbits or attended the Weight Watchers appointments consistently." (from the report)

#### The Guardian, 11<sup>th</sup> March 2021



Or you can get 57 varieties of push-back. Ronald Heifetz: *"What people resist is not change per se, but loss"* Notice these tactics and see them for what they are



- **O Default behaviours/tribalism**
- $\odot$  Obscure language, opacity, lack of clarity
- $\circ$  Doing the wrong thing busily/expertly
- **O Endless online/endlessly delayed meetings**
- $\odot$  Everything has to have terms of reference
- $\odot$  Delegating work to the wrong people

 $\odot$  Shooting the messenger





## So: consider the extent of what people have lost, not just in the context of health, activity and wellbeing – and factor this in









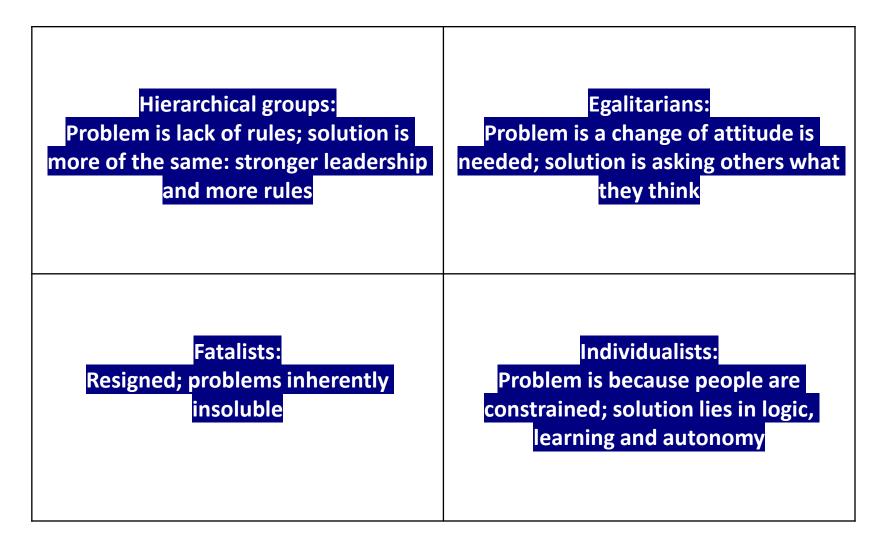






You also tend to see this: People reverting to solutions from what they know.... H/t Keith Grint: Cultural Theory







### Other common responses to recognise and avoid



 $\,\circ\,$  Trying to command and control

 $\,\circ\,$  Jumping to solutions

 $\,\circ\,$  Playing the blame game

 $\,\circ\,$  Pretending it's all a success when it isn't

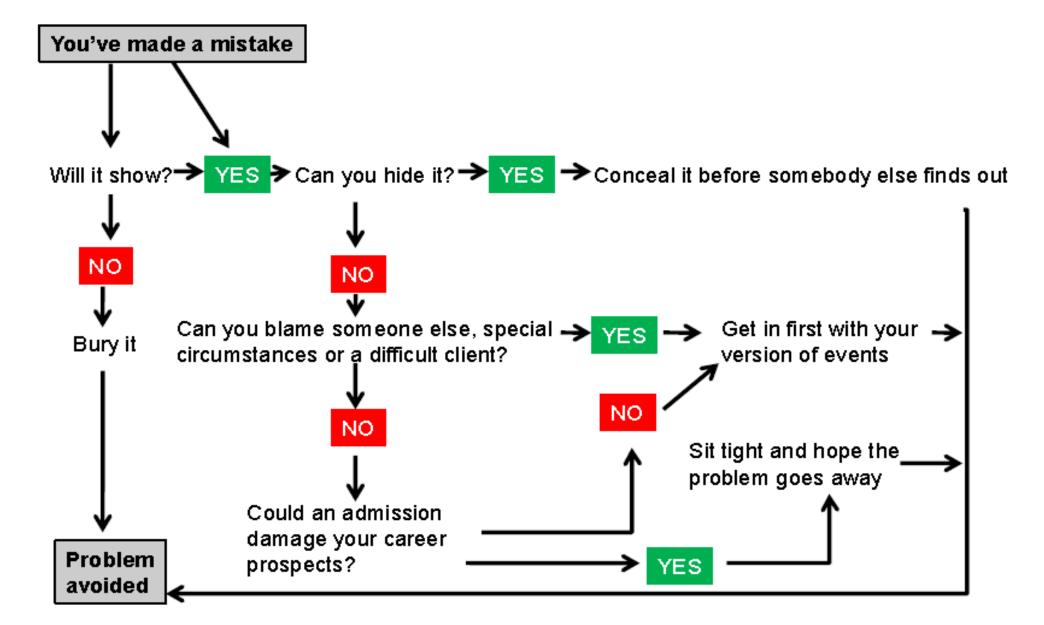
 $\,\circ\,$  Putting things in the wrong box





## Watch out for people reverting to blame rather than learning (with thanks to Keith Grint)







### Watch out for people trying to pretend everything is a success: Prozac Leadership



- •Prozac Leadership: David Collinson, 2011
- Unremittingly positive approach
- •Encourages leaders to believe their own propaganda
- •Discourages people for raising problems, admitting mistakes, focusing on failure
- •The only people who believe the (corporate) messages are the (corporate) leaders
- (Corporate) leaders constantly surprised when things go wrong given how well everything seemed to be going



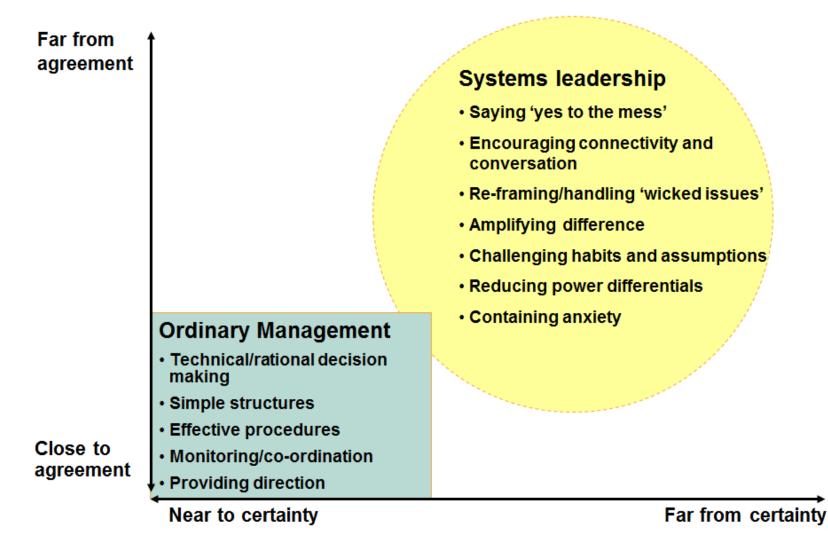
#### "Many will be looking at our apparent success"

Boris Johnson, 27<sup>th</sup> April 2020



And don't put things in the wrong box: in other words, don't try and turn complex (leadership) issues into simple or complicated (management) ones





LEADERSHIP

### **BREAK-OUT ROOMS**









What forms of push-back are we seeing?

Obscure language? Default behaviours? Doing the wrong thing busily? Shooting messengers?

# What are the losses people might be perceiving?

Talk with each other in your groups, then we'll take some feedback



**Introduction to Systems Leadership** 



### **Comfort/Tea Break**



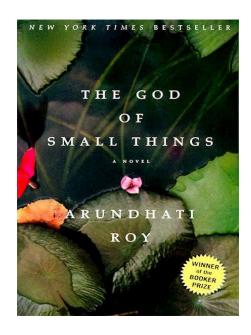


**Introduction to Systems Leadership** 



### **Conversation 3:**

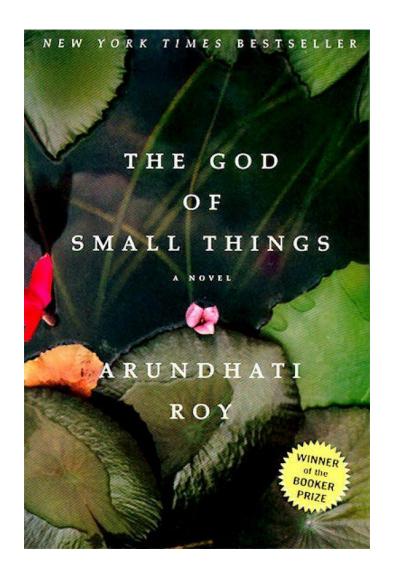
### What you can do instead: key systems leadership ideas and behaving in ways that lead to change





### What you can do instead Use adaptive, or systems, leadership approaches





 $\odot$  Take small steps, and accumulate

 See change as small-scale, sometimes unglamorous or mundane, and cumulative

 $\odot$  Do what's practical for you

 You're not in sole charge (no matter what it says on your name badge/job description)



The collaborative leadership of a network of people in different places and at different levels, creating a common purpose and cooperating to make significant change



O What do you want to do: Why do you want to do it?
What will be benefits be?

 $\odot$  Who isn't in the room?

 Relationships, influence, trust: "Systems move at the speed of trust"

 Partial, clumsy and emergent/evolving solutions: allow for dynamic and changing situations

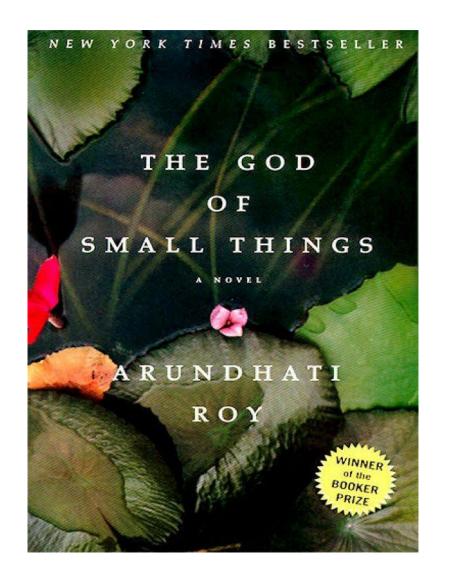




• Common purpose – what's <u>your</u> agenda?

### The power of small steps can be transformative





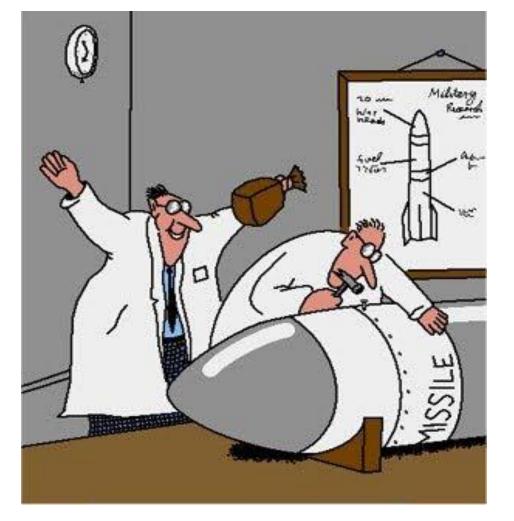
When you have time, have a listen to this 'Pod Save America' 12/11/20 with Stacey Abrams (about 45 minutes in) about starting small and where it can lead:

https://podcasts.google.com/feed/aHR0cHM 6Ly9mZWVkcy5mZWVkYnVybmVyLmNvbS9w b2Qtc2F2ZS1hbWVyaWNh/episode/ZWNIOT k0YzItM2UzOS0xMWVhLWE1ODctMjM5OTM yMzdiY2NI?hl=en-GB&ved=2ahUKEwiVjrz1v\_sAhVLT8AKHddrB ZgQieUEegQIBRAF&ep=6



### Use systems leadership behaviours: they're practical and really help





https://www.leadershipcentre.org.uk/systemsleadership/wpcontent/uploads/2017/01/VSC\_Synthesis\_exec\_complete.pdf "The best people practising systems leadership are not described in terms of charismatic heroes or divas, but as thoughtful, calm personalities who are as confident working in the background, supporting and enabling others, as they are in the limelight, leading from the front'.

From 'Exceptional Leadership for Exceptional Times', Virtual Staff College, 2013



### Practise and encourage behaviours that lead to change





- Ground things in your values this is why you're doing this work, in health/wellbeing/physical activity or more broadly
- Get off the dancefloor and onto the balcony
- Make sense of things for other people
- Enable and support other people give people cover to try out new things
- Cede leadership



## What this can lead to: different conversations, different players, stronger relationships and better outcomes







Adur and Worthing: new ways of relating re: mental health/homelessness Fundamentally changed outcomes based on creating new capacity re: MH hospital discharge – e.g. mobilised frontline staff and clinicians to make joint visits which led to immediate improvements in discharges; better joint working between police, NHS and prison service.

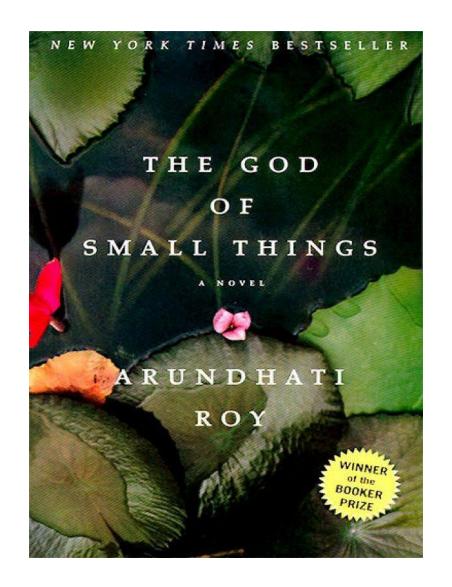


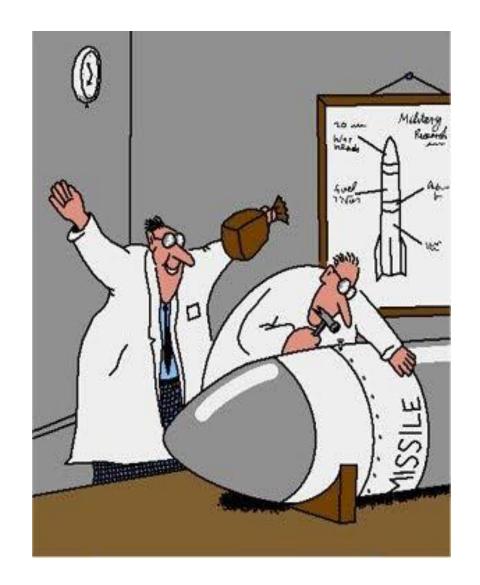
Calderdale: broad participation in increasing levels of physical activity Health & Wellbeing Board/Public Heath worked closely with schools and the community: programme included training girls in schools in research methods so they could find out what would help/hinder more participation. Aiming to build social movement.



### **Q&A: Systems Leadership and behaviours that lead to change**







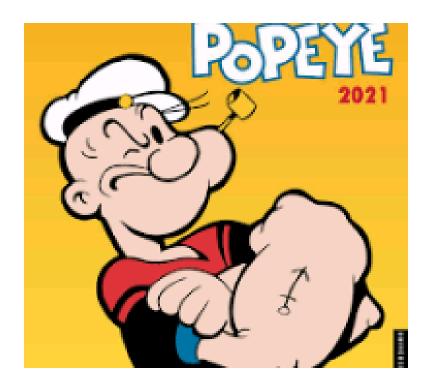


**Introduction to Systems Leadership** 



### **Conversation 4:**

### Where to start: tools in your armoury





So, where do you start? There will always be reasonable reasons not to do something, or to try something new

 $\,\circ\,\,$  Biggest danger in complex issues? Work Avoidance

Culture and history are key; geography and politics makes a difference

 It takes time and feels messy – and so it can go against cultural grain, external initiatives and financial exigencies – short term priorities can take precedence over long haul

 Key is to hold fast to common purpose + values to keep people for the long haul, and to encourage people to see themselves as leading in a system, seeing beyond organisational/departmental roles







The key thing is to start: don't wait for everything to be perfect You only get change by taking action and giving people agency









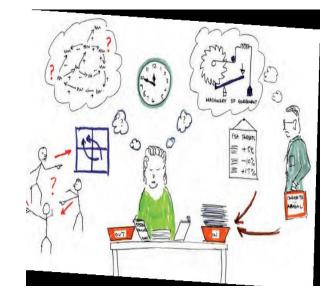
Myron Rogers' Maxims: paste these to your wall

- People own what they create
- Real change takes place in real work
- $\circ~$  The people that do the work do the change
- Start anywhere but follow it everywhere
- $\circ\;$  Keep connecting the system to itself
- The process we use to get to the future determines the future we get

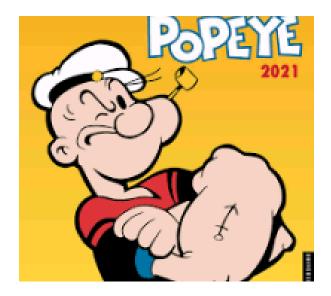


### And there are some tools and techniques that really help













Getting people to take off their representational hats: Empathy Mapping What does it feel like to be on the receiving end of us *(as a system)*?





### What do they SEE?

What does their environment in their community look like? What surrounds them?

### What do they HEAR?

How does the environment influence them? Who really influences them, and how?

### What do they THINK AND FEEL?

What goes on in their minds? What's really important (that they might not say publicly?) What moves/matters to them?

### What do they actually DO/EXPECT?

How do they work? What do they say to others? What will they do for others? How do they find and support each other?







### Who's in our system? Rich Pictures

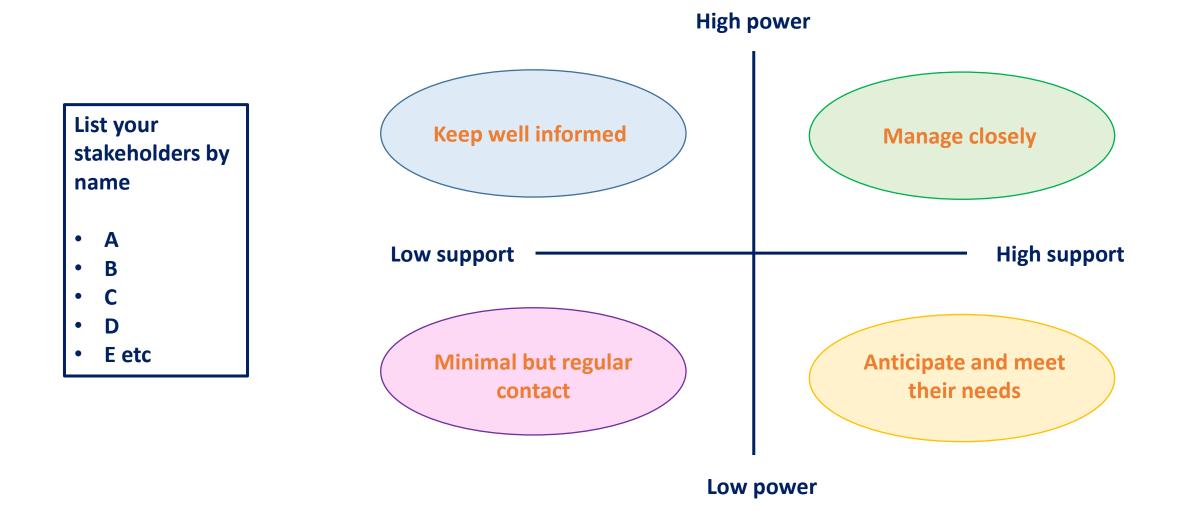




- Not a work of art
- More about 'what does my/our system feel like?'
- Who's in the system? What are the relationships? Who isn't included? Where are you? Or the people you represent?
- As many stick figures as you like or as creative as you like



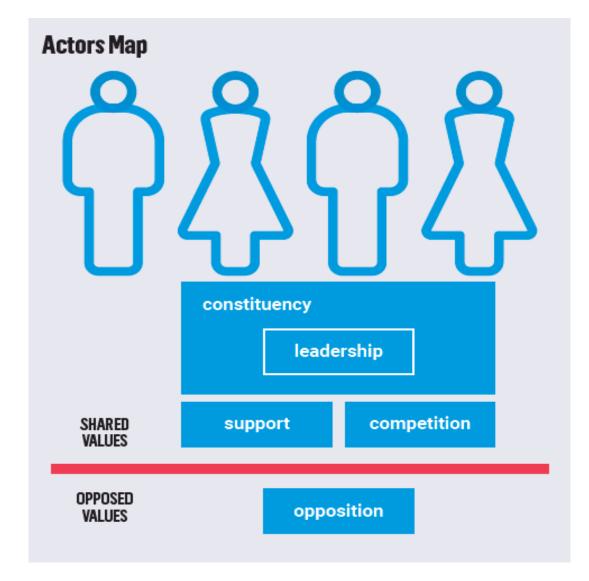
### Then you can actively manage your stakeholders: Stakeholder Mapping: what's their power and what do they support?





MAKING OVR MOVE

### Another way of looking at this: who shares our values? Actor Mapping

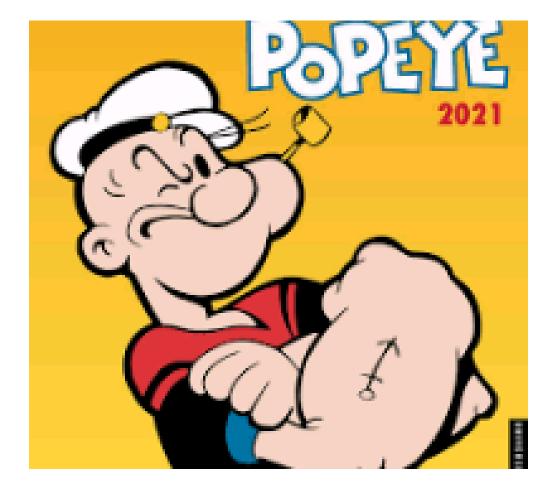






### Using Reframing to change perspectives







# Frames: culture in shorthand: how we ascribe meaning





I think I have never seen this before: **#Scholz** just dismantled almost every SPD policy towards Russia over the past 3 decades in one speech.

10:34 am  $\cdot$  27 Feb 2022  $\cdot$  TweetDeck

2,473 Retweets 198 Quote Tweets 15.4K Likes

- Mental shortcuts to images and associations: often based in metaphor: affect the way we think/make assumptions. Often shielding unspoken emotions/deeply held values: 'This is how we are'
- They prime for associations prisms and prisons. And they can take precedence over facts and rationality
- And because they're continuously reinforced and follow familiar grooves, they can be hard to shift
- But once a new frame becomes established, and it's become widely accepted, the previously unthinkable becomes 'common sense'. So reframing gives you a way to get people to change their thinking

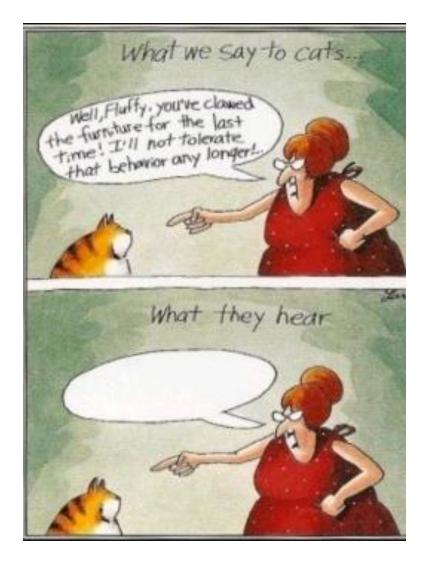


#### Retaliate first. Don't deny: shift the argument onto your territory and think about who your messengers might be











# What this can look like in practice: reframing in a homelessness context



#### Bournemouth



#### **Homelessness as public nuisance**

#### Worthing

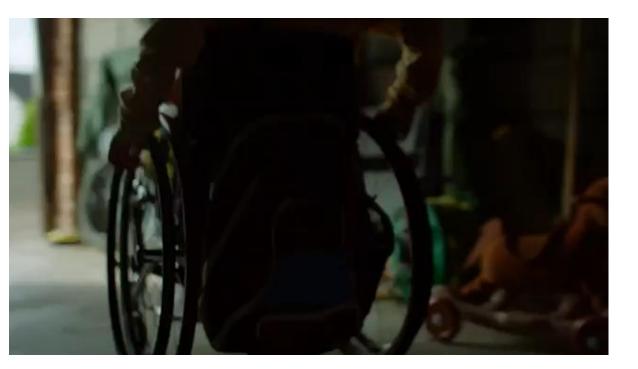


#### Homelessness as public health



### Using different messengers in practice



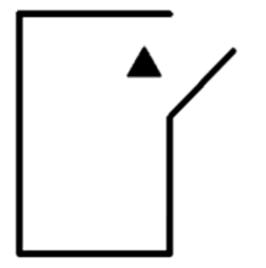


We are Undefeatable, 2020



#### And tell your stories. What's happening here?





Heider & Simmel - see http://vimeo.com/48908599

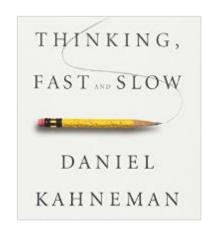


#### **Stories for a purpose: Public Narrative**





Professor Marshall Ganz, Harvard Kennedy School



"No-one ever made a decision because of a number. They need a story."

Daniel Kahneman, *Thinking Fast and Slow* 



Public Narrative - stories with a purpose – is part of your leadership role





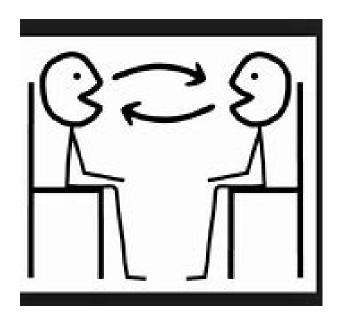
**Professor Marshall Ganz, Harvard Kennedy School** 



#### What Public Narrative is.... and is not



#### Public Narrative is....



A *skill* to motivate others.... .... to *join* you in *action* 

#### Public Narrative is <u>not</u>....

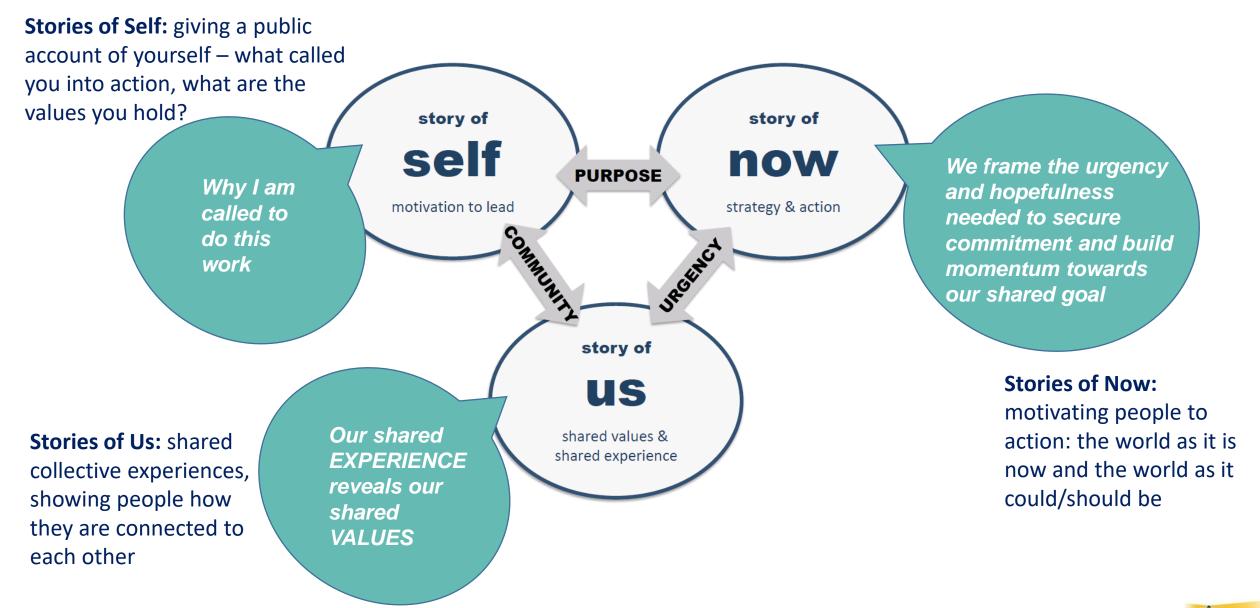


#### A script or a performance



### The three components of Public Narrative





LEADERSHIP

**Public Narrative in practice:** What you need for a good story

**Character:** Facing a <u>challenge</u> and a <u>choice</u>

**Advance: Plot**, action, urgency

**Sensation:** Details, images, senses, pictures

















The key thing is to have a go, and to practise. And learn from other people: Arnold Schwarzenegger on the storming of the Capitol, January 2021



https://www.youtube.com/watch?edufilter=NULL&feature=em b\_logo&v=x\_P-0I6sAck



# CONVERSATIONS/BREAKOUT GROUPS









What's resonated for us from what we've heard?

# What approaches might we try out?

What frames are we using, or seeing?



Summing up. So where do you start? A potential ordering (and this will be different for everybody, depending on circumstances)



- Get a coalition of the willing together
- Work on your Common Purpose first of all: Empathy Mapping
- What actions/fail-safe experiments/metrics/narratives can we hang off this?
- What's the lie of the land? Rich Pictures
- Who do we want to build relationships/trust with, or get to join with us in action? Who can help us lead? Who are our allies/competitors/opposition? Actor Mapping
- How do they currently see us (and vice-versa)? Reframing
- What are our (public) narratives? How can we adapt them for different audiences? Public Narratives



# Final thoughts, comments, questions: ONE THING you're going to do





LEADERSHIP

**Introduction to Systems Leadership** 



# Thank you.

# <u>Debbie.sorkin@leadershipcentre.org.uk</u> @DebbieSorkin2



