

Freedom Foundation



FREEDOM
FOUNDATION

TALKING

SPACE

Supporting mental health through music and dance



Social Media

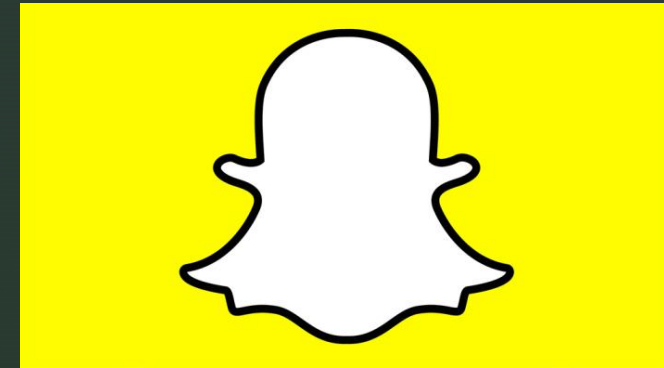


ACCORDING TO A REPORT BY THE NSPCC 2017:

- > 1 in 3 users of the internet are children
- > 1 in 4 children between the ages of 8-11 yrs and 3 in 4 children between the ages of 12-15 yrs have a social media profile
- > 1 in 4 children have experienced upsetting incidents on social media networks
- > 1 in 8 young people have been affected by online bullying
- > And over 12,000 counselling sessions with children who talked to Childline about online issues last year.

Concerns for children and young people

FORTNITE



S.T.O.P



STOP

Take a minute
before you share
anything online



THINK

About the image
you are projecting



OBSERVE

Look at the image
and assess it's
appropriateness



POST

Share your images
in a safe way

Consultation and observation with schools and students

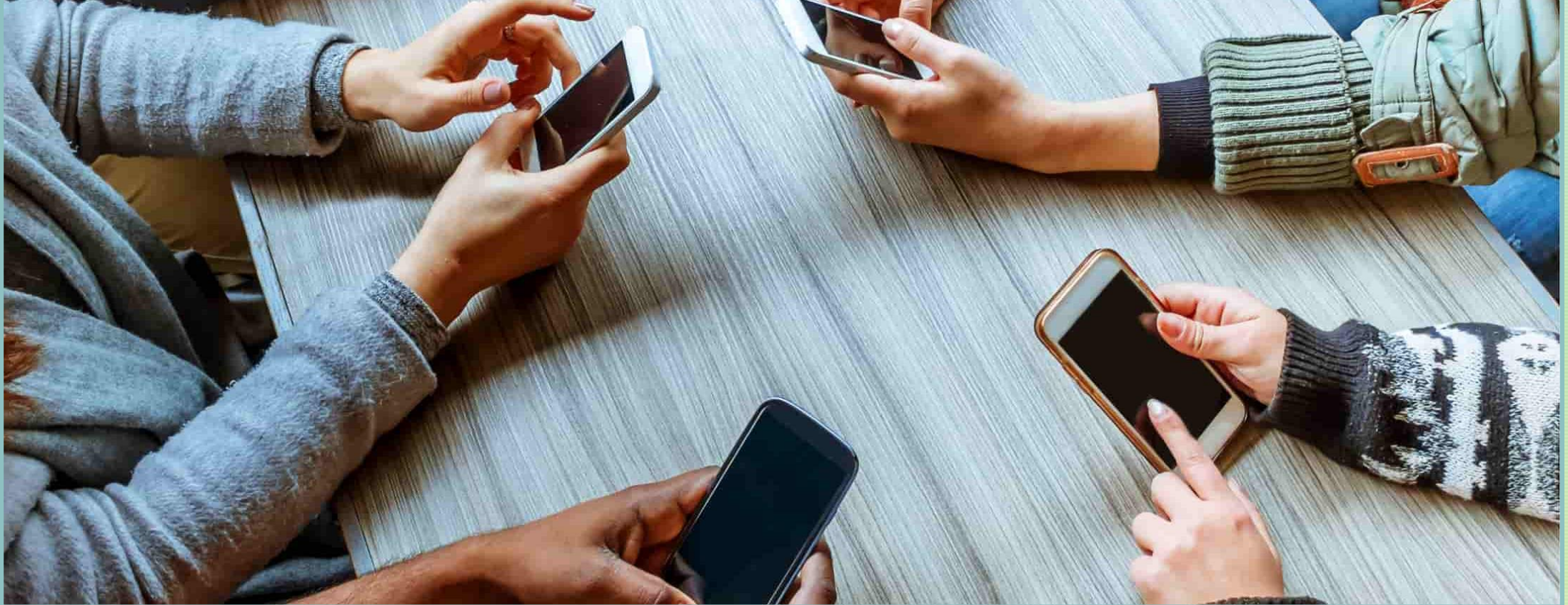


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- Lack of Motivation
- Increased Anxiety
- Increased technology use – social media and gaming
 - Decrease in attention span
- ‘Common mental health problems - Depression, stress and self-harm

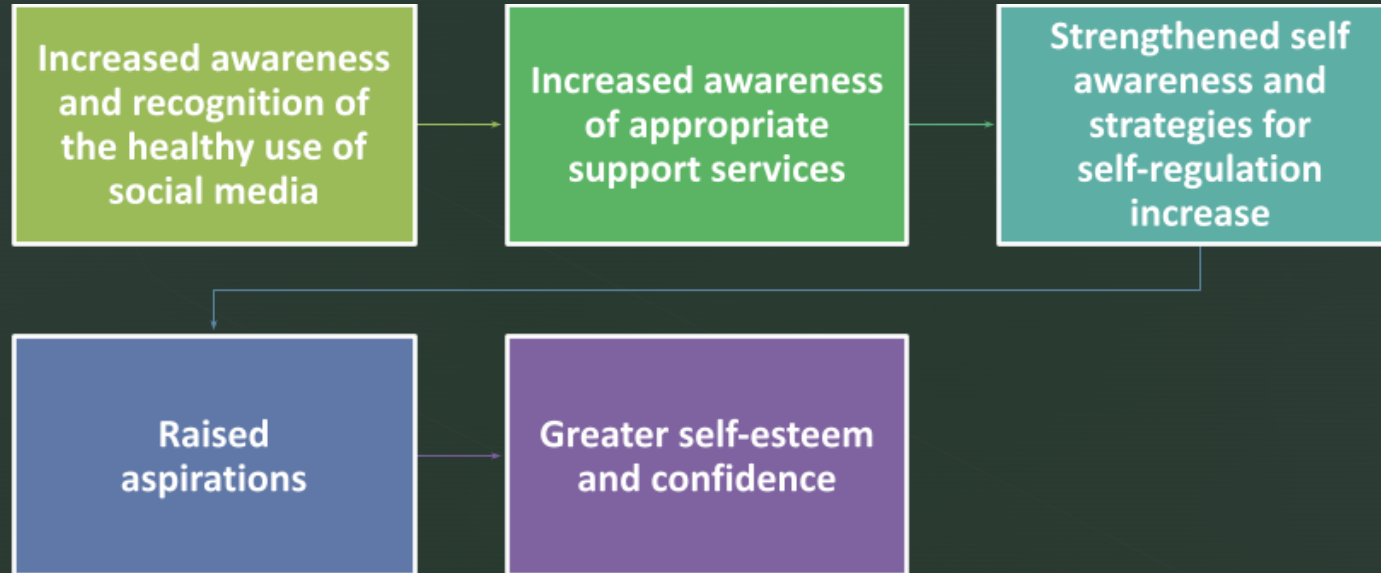
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Healthy & Safe Usage

Working with schools and partners for outcomes



National
Curriculum





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